



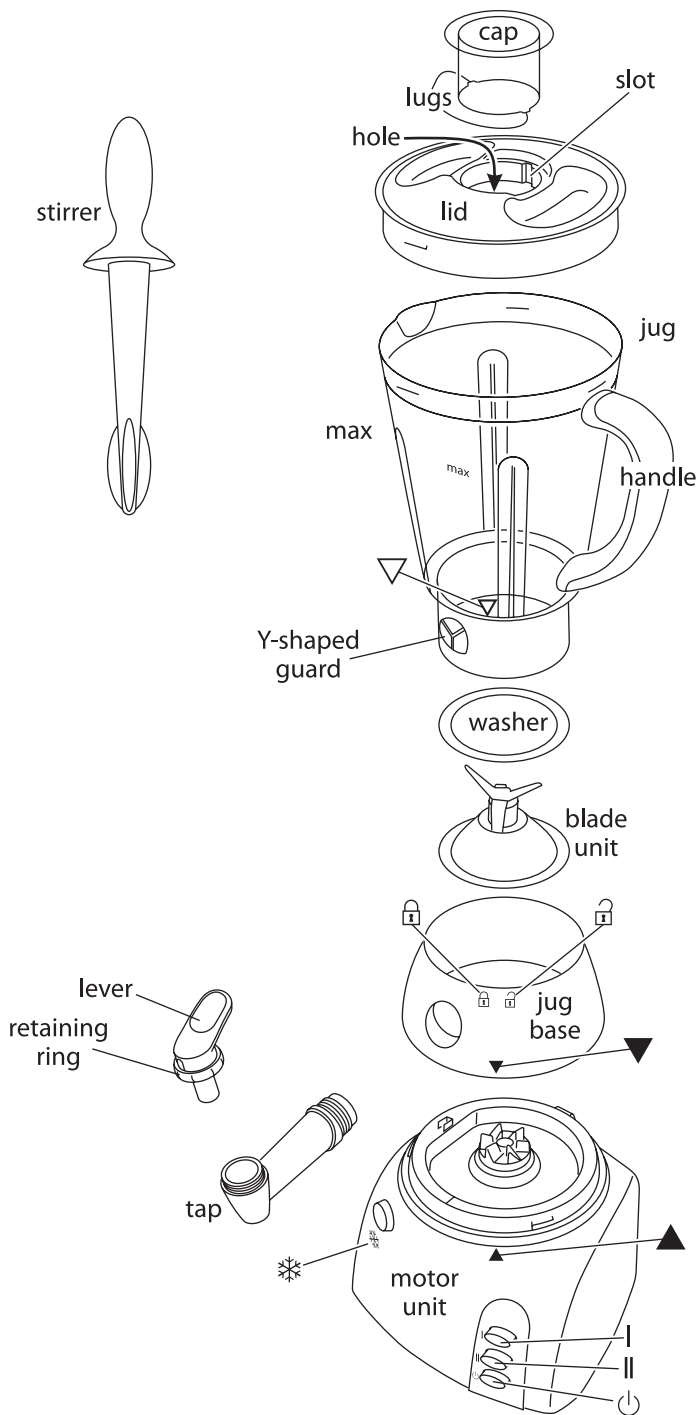
# Russell Hobbs

*Smart in the kitchen...*



## simply smoothie

### instructions



Read the instructions and keep them safe. If you pass the smoothie maker on, pass on the instructions too.

Remove all packaging, but keep it till you know the smoothie maker works.

## **important safeguards**

Follow basic safety precautions, including:

- 1 The smoothie maker must only be used by or under the direct supervision of a responsible adult.
- 2 Don't put the smoothie maker in liquid, don't use it in a bathroom, near a source of water, or outdoors. 
- 3 Unplug before dismantling or cleaning.
- 4 The smoothie maker is fitted with a safety switch to prevent the motor operating unless the jug is assembled and in place. Don't use this to switch the smoothie maker on and off.
- 5 Switch off (⏻) before fitting the jug and base to the motor unit.
- 6 Switch off (⏻) and wait till the blades come to a complete stop before removing the lid from the jug, and before removing the jug and base from the motor unit.
- 7 Don't use the smoothie maker unless the lid is in place.
- 8 Don't fill with anything hotter than you can comfortably handle.
- 9 When blending hot liquids, put a hand on the lid to hold it in place.
- 10 Don't put your hand into the jug, even after you've removed it from the motor unit – the blades are sharp. 
- 11 Don't put any implement (spoon, spatula, etc.) other than the stirrer into the jug while the smoothie maker is plugged in.
- 12 Don't leave the smoothie maker unattended while plugged in.
- 13 Sit the motor unit on a dry, stable, level surface, near a power socket.
- 14 Route the cable so it doesn't overhang, and can't be tripped over or caught.
- 15 Keep the smoothie maker and cable away from hotplates, hobs or burners.
- 16 Don't let the jug overflow. If liquid gets under the motor unit, it may be sucked into the motor, damaging it.
- 17 Don't fill the jug above the 1800ml/max mark – if you do, the contents may force the lid off when you start the motor.
- 18 Don't run the motor for more than 3 minutes, or it may overheat. After 3 minutes, switch off for at least 1 minute, to let the motor cool.
- 19 Remove the tap from the jug base before trying to separate the jug from the base, otherwise you'll break something.
- 20 Don't use the smoothie maker for any purpose other than those described in these instructions.
- 21 Don't run the smoothie maker empty, it may overheat.
- 22 Don't operate the smoothie maker if it's damaged or malfunctions.
- 23 If the cable is damaged, it must be replaced by the manufacturer, its service agent, or someone similarly qualified, in order to avoid hazard.

**household use only**


## before using for the first time

- 1 Turn to page 6 (care and maintenance), then disassemble, clean, dry, and reassemble the smoothie maker, to remove manufacturing debris, dust, etc.



**warning** keep your hands away from the blades – they're sharp

## positioning

- 2 Sit the motor unit on a dry, stable, level surface, near a power socket.
- 3 Route the cable so it doesn't overhang, and can't be tripped over or caught.
- 4 Press  to ensure everything's off.
- 5 Put the plug into the power socket (switch the socket on, if it's switchable).

## fit the jug

- 6 In normal use, you should treat the jug, jug base, and tap as a single unit. They don't need to be separated till you come to clean them.
- 7 Sit the jug base on the motor unit, with the tap over the ▲ mark on the motor unit.
- 8 Turn the jug and base clockwise till the tap is facing the front, and the ▼ mark on the jug base is over the ▲ mark on the motor unit.

## fill the jug

- 9 Turn the lid about an eighth of a turn anti-clockwise to unlock it, then lift it off.
- 10 Put the ingredients into the jug.
- 11 These should be a mixture of liquids and solids (frozen ingredients count as solids).
- 12 Don't fill past the 1800ml/max mark. If you do, the contents may force the lid off when you start the motor.



## fit the lid

- 13 Put the lid on the jug, then turn the lid clockwise to lock it closed.
- 14 Don't use the smoothie maker without fitting the lid. The contents may escape; you may hurt someone; you may be tempted to put a hand into the jug.

## the cap

- 15 Generally, use the cap when you're using the smoothie maker as a blender, use the stirrer when you're making drinks or smoothies.
- 16 Align the lugs on the bottom of the cap with the slots in the hole in the lid, lower the cap into the hole, then turn the cap as far as it'll go, to lock it closed.

## the stirrer

- 17 If you're making drinks or smoothies, instead of fitting the cap, drop the long end of the stirrer into the hole.
- 18 If solid ingredients aren't getting down to the blades, give them a poke with the stirrer to chivvy them along.
- 19 Rolling the stirrer anti-clockwise (the opposite way to the blades), against the jug wall, will help with thicker mixtures.
- 20 Don't bash it against the wall of the jug.
- 21 Don't run the smoothie maker without fitting either the cap or the stirrer. If you leave it open, solid ingredients may be ejected through the hole when they hit the blades.



## the controls

- 22 The buttons on the right of the smoothie maker are:
- I top button – low speed, for lighter jobs, using mainly liquid ingredients
  - II middle button – high speed, for heavier jobs, using mainly solid ingredients
  - ⏻ bottom button – this returns both I and II buttons to the “off” position, and switches the motor off
  - ❄ ice button – this button is spring-loaded, press to run the motor, let go to stop. Use this to reduce ice to slush, for icy drinks. It runs the motor at high speed, so use it in bursts – press, let go, check the results, then repeat till you’ve reached the degree of slushiness you want. You can also use this for the occasional burst of high speed during low speed operation. Just press and let go.
- 23 You can swap between I and II – pressing either of these buttons cancels the other.
- 24 If you’re using the tap to dispense really thick smoothies, running the motor on low speed (I) will help the flow.
- 25 Don’t run the motor continuously for more than 3 minutes, it may overheat. After 3 minutes switch off for at least 1 minute, to let the motor cool.

## adding ingredients

- 26 To add ingredients while the smoothie maker is working:
- cap** turn the cap anti-clockwise to align the lugs in the bottom of the cap with the slots in the hole, lift the cap off, pour/drop the new ingredients through the hole, then replace the cap and turn it clockwise to lock.
  - stirrer** lift the stirrer out of the hole, scrape it against the side of the hole on the way out, to remove drips, then pour/drop the new ingredients through the hole, and replace the stirrer in the hole.
- 27 Check that the added ingredients don’t push the volume in the jug past the 1800ml/max mark.

## finished?

- 28 Press ⏻, and wait till the blades stop moving before removing the lid from the jug, or removing the jug from the motor unit.

## the tap

- 29 You can rotate the tap lever to whatever side or angle you find convenient.
- 30 To open the tap, lift or press the lever.
- 31 To lock it open, lift or press as far as it’ll go.
- 32 When dispensing thick smoothies, it helps to run the motor at low speed (I). If they’re really thick, use the stirrer as well. Use it via the hole, don’t remove the lid.
- 33 When dispensing thick smoothies, remember that you’ll need one hand for the tap, and one for the stirrer, so find a stable, flat-bottomed glass, cup, or container, to sit on the work surface, under the tap, for the smoothie.



## hot liquids

- 34 No matter how careful you are when using the smoothie maker, some splashing is inevitable. At higher temperatures, splashes on skin can hurt. In extreme cases, they may scald, so, when using hot liquids:
- a) before pouring into the smoothie maker, let the liquid cool down to the sort of temperature you can handle comfortably
  - b) run the motor only when the cap is fitted – to add ingredients, stop the motor, remove the cap, add the ingredients, **replace the cap**, then re-start the motor
  - c) put a hand on the cap and lid, to hold them in place while blending
  - d) if the lid is too hot for comfort, stop the motor, remove the lid, and let the liquid cool down further – replace the lid before blending


## crushed ice

- 35 If you're making crushed ice for cocktails, make sure the smoothie maker is clean, then rinse it out thoroughly. The slightest trace of detergent will flatten any drink to which it is added.
- 36 Ice "cubes" come in many shapes and sizes. You'll have to experiment with the ice from your ice cube tray.
- 37 Put half to threequarters of a cup of ice into the smoothie maker, then add 1 tablespoon (15ml) of fresh cold water.
- 38 Put the lid on the smoothie maker, then press the ❄ button 3 or 4 times, with short pauses between.
- 39 Check the results, and adjust. Too much blending will reduce the ice to liquid, too little will merely chip the edges/corners off the ice.
- 40 Don't try to crush ice without adding water to the jug.
- 41 Don't be tempted simply to increase the amount of ice and blend for longer. This won't work. Too much ice will never give you satisfactory results.

## care and maintenance



**warning** take great care handling the blade unit – the blades are sharp



- 1 Switch off (⏻) and unplug before cleaning.
- 2 Clean as soon after use as possible, to prevent residues setting inside the jug.
- 3 Turn the jug and base about an eighth of a turn anti-clockwise to release the base from the motor unit, then lift the jug and base off the motor unit.
- 4 Remove the lid and cap or stirrer.
- 5 Unscrew the tap from the jug – it takes 2 complete turns to unscrew.
- 6 Unscrew the lever and its retaining ring from the tap – this takes about 2½ turns.
- 7 Set the jug and base down on a stable, level surface.
- 8 Hold the jug base firmly with one hand, hold the jug handle with the other.
- 9 Turn the jug, to bring the ▽ on the transparent part of the jug over the open padlock  on the top of the jug base.
- 10 Carefully lift the transparent part of the jug away from the jug base.
- 11 This should leave the blade unit and washer inside the jug base.
- 12 Carefully tip them out, and separate the washer from the blade unit.
- 13 If they really do need cleaning, the blade unit and washer may stick to the transparent part of the jug.

- 14 If this happens, turn the transparent part of the jug upside down and lift the blade unit and washer off with your fingernails.
- 15 Wash the cap, lid, stirrer, tap parts, jug, jug base, blade unit, and washer in warm soapy water, and leave them to drain dry.
- 16 Don't use a cloth for drying. You may leave lint on the inside surfaces, and you'll probably cut yourself on the blades.
- 17 There's a Y-shaped guard in the hole the tap screws into. Clean this gently with a small bottle-brush.
- 18 Your bottle-brush may also come in handy when cleaning the inside of the tap.
- 19 If you've left it too long before cleaning, and bits have glued themselves to the inside of the jug, use a nylon brush. If that doesn't work, crush some ice cubes in it, that'll shift most things.
- 20 Don't put any of the parts into a dishwasher. The extreme environment inside the dishwasher can affect surface finishes, and warp plastic parts.
- 21 Wipe the outside of the motor unit with a clean damp cloth.
- 22 Don't put the motor unit in water or any other liquid.
- 23 Don't use harsh or abrasive cleaning agents or solvents.

## reassembly

- 24 Wait till everything's dry.
- 25 Seat the washer on the flat rim round the blade unit.
- 25 Centre the blade unit and washer inside the jug base.
- 26 Align the ▽ on the transparent part of the jug with the open padlock  on the top of the jug base.
- 27 Insert the bottom of the jug into the jug base, and turn the jug to bring the ▽ over the closed padlock  on the top of the jug base.
- 28 Check that the Y-shaped guard is aligned with the hole in the jug base.
- 29 Screw the tap lever back into the tap – about 2½ turns of the retaining ring. Don't overtighten it. If you do, our spares department will be delighted to sell you a new tap. They love people who break things.
- 30 To replace the tap, hold it upright, put it into the hole in the jug base, then turn it 2 complete turns clockwise – no more.
- 31 Sit the jug base on the motor unit, with the tap over the ▲ mark on the motor unit.
- 32 Turn the jug and base clockwise till the tap is facing the front, and the ▼ mark on the jug base is over the ▲ mark on the motor unit.

## staining

- 33 Carotenoids, which are found in many other vegetables as well as carrots, can cause severe staining. This staining may be impossible to remove. If you want to try, then you could try soaking the stained parts overnight in one of the following:
  - a) quarter of a cup of household bleach in a sink full of warm water.
  - b) a mixture of 1 part white vinegar to two parts warm water
  - c) half a small packet of baking soda in enough warm water to cover the parts

**warning** Don't try to mix these methods. You may make a mess, you may cause nasty eye-watering, breath-catching fumes, and you may harm the parts you're trying to clean.





## recipes

**fresh fruit smoothies** – these make 2 large smoothies

### **strawberry & banana smoothie**

300ml milk

1 large banana, roughly chopped

12 strawberries, stalks removed

4 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 10 seconds.

### **banana, vanilla & honey smoothie**

400ml milk

1 large banana, roughly chopped

4 tsp honey

2 tsp vanilla extract

6 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 5 seconds.

### **apple & mango smoothie**

600ml apple juice

1 ripe mango

6 ice cubes

Stone, peel and roughly chop the mango. Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 10 seconds.

### **creamy blueberry & vanilla smoothie**

360ml lemonade

125g vanilla ice cream

70g blueberries

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 10 seconds.



## **breakfast smoothie**

- 4 tbsp natural yogurt
- 200ml milk
- 2 tbsp oatmeal or porridge oats
- 1 large banana, roughly chopped
- 2 tsp honey
- 2 apples, cored and roughly chopped
- 4 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 15 seconds.

## **chocolate orange smoothie**

- 170g chocolate ice cream
- 300ml orange juice
- 4 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 5 seconds.

## **nutty banana smoothie**

- 150g hazlenut yogurt
- 1 large banana, roughly chopped
- 200ml milk
- 6 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 5 seconds.

## **chocolate pear smoothie**

- 300ml chocolate milk
- 2 pears, peeled, cored and roughly chopped
- 10 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 15 seconds, then high (II) for 5 seconds.

## **mango lassi**

- 200ml natural yogurt
- 1 ripe mango
- 200ml milk
- 2 tsp honey
- 10 ice cubes

Stone, peel and roughly chop the mango. Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 5 seconds.

## **cranberry, orange & banana smoothie**

- 300ml orange juice
- 300ml cranberry juice
- 1 small banana, roughly chopped
- 6 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 5 seconds.

### **peach & apricot smoothie**

4 halves of tinned apricot (in juice)  
80ml apricot juice (from tin)  
2 peaches  
4 tbsp natural yogurt  
200ml milk  
2 tsp honey  
6 ice cubes

Stone and roughly chop the peaches. Put everything into the jug, ice cubes last. Run at low (I) for 15 seconds, then high (II) for 15 seconds.

### **berry fruity smoothie**

300ml apple juice  
90g raspberries  
12 strawberries, stalks removed  
4 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 15 seconds, then high (II) for 15 seconds.

### **apple, melon & kiwi fruit smoothie**

400ml apple juice  
1 kiwi fruit, peeled and roughly chopped  
150g melon, roughly chopped  
6 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 10 seconds.

### **very chocolatey cherry smoothie**

350ml lemonade  
125ml chocolate ice cream  
100g cherries, stoned

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 10 seconds.

### **adult only smoothies** – these make 2 glasses

#### **tropical cocktail**

200ml ginger beer  
150g melon, roughly chopped  
40ml rum  
5 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 10 seconds.

#### **cosmopolitan**

100ml cranberry juice  
50ml vodka  
50ml cointreau

Put everything into the jug. Run at low (I) for 10 seconds.

### **baileys coffee cocktail**

100ml milk  
40g vanilla ice cream  
½ tsp instant coffee  
40ml baileys or irish cream liqueur  
3 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 5 seconds.

### **strawberry gin fizz**

100ml lemonade  
60ml gin  
1 tsp lemon juice  
6 strawberries, stalks removed  
5 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 10 seconds.

### **mango & rum cocktail**

100ml pineapple juice  
½ ripe mango, stone removed, peeled and roughly chopped  
1 small banana, roughly chopped  
40ml rum  
3 tbsp natural yogurt  
5 ice cubes

Stone, peel and roughly chop the mango. Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 10 seconds.

### **la mumba**

300ml chocolate milk  
50ml brandy  
3 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 10 seconds, then high (II) for 10 seconds.

### **pina colada**

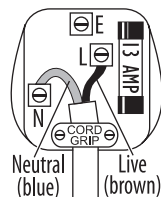
200ml pineapple juice  
100ml malibu  
30ml single cream  
4 ice cubes

Put everything into the jug, ice cubes last. Run at low (I) for 15 seconds, then high (II) for 10 seconds.

## connection

The product doesn't need an earth. It has a 13A BS1362 fuse in a 13A BS1363 plug. To replace the plug, fit the blue wire to N, and the brown wire to L. Fit the cord grip. If in doubt, call an electrician.

Don't use a non-rewireable/moulded plug unless the fuse cover is in place. If you remove the plug, dispose of it.



## spare parts

Note the Model No (on the rating label) and the parts you need, ring 0845 658 9700 or email [service@saltoneurope.com](mailto:service@saltoneurope.com) for prices, then purchase using VISA or MASTERCARD.

## service

The product isn't user-serviceable. If it's not working, read the instructions, check the plug fuse and main fuse/circuit breaker. If it's still not working, consult your retailer. If that doesn't solve the problem:

Pack carefully, with a note of your name, address, day phone number, and what's wrong. If under guarantee, say where and when purchased, and include proof of purchase (till receipt). Send it to Customer Returns (address below right). They'll give you an estimate for inspection/repair.

### Customer Service

(correspondence only)

Salton Europe Ltd

Failsworth

Manchester

M35 0HS

### Customer Returns

Salton Europe Ltd

Heath Mill Road

Wombourne

Wolverhampton

WV5 8AQ

Customer Service ([service@saltoneurope.com](mailto:service@saltoneurope.com))

telephone 0845 658 9700 (local rate number)

## guarantee

Defects affecting product functionality appearing within one year of purchase will be corrected by replacement or repair provided the product is used and maintained in accordance with the instructions. Your statutory rights are not affected. Documentation, packaging, and product specifications may change without notice.