

REMINGTON®

iLIGHT

ESSENTIAL - IPL HAIR REMOVAL



GUARANTEE ⁺¹
2 yr
IPL6250








Register online for
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EXTRA year guarantee
FREE rewards gallery



Visit www.productregister.co.uk/remington.
You must register within 28 days
of purchase.

SKIN CHART

THE SKIN CHART

		Hair Colour						
								
Skin Colour	I	✓	✓	✓	✓	X	X	X
	II	✓	✓	✓	✓			
	III	✓	✓	✓	✓			
	IV	✓	✓	✓	✓			
	V	X						
	VI	X						

WARNING: i-LIGHT is not suitable for very dark or black skin, white/grey or very light blonde/red hair.

DO NOT use on or around the eyes, eyebrows or eyelashes. Doing so can cause serious and permanent eye injury.

Thank you for buying your new Remington® product.
Please read these instructions carefully and keep them safe. Remove all packaging before use.

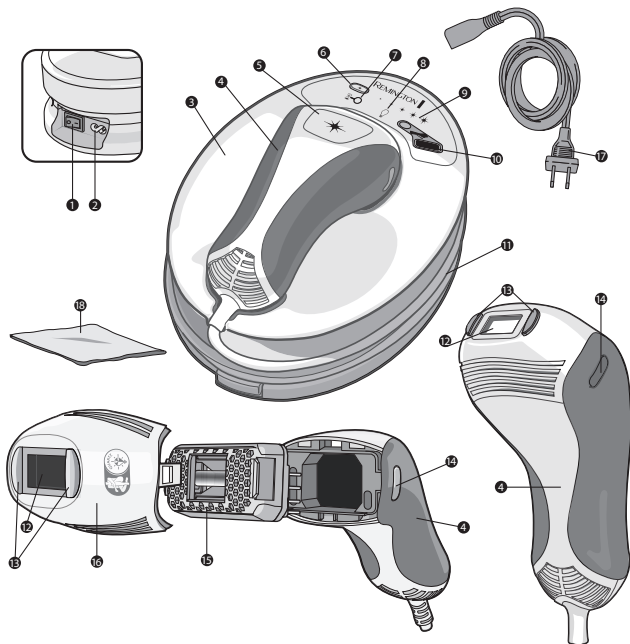


IMPORTANT SAFETY INSTRUCTIONS

- 1 **WARNING – TO REDUCE THE RISK OF BURNS, ELECTROCUTION, FIRE, OR INJURY TO PERSONS:**
- 2 Use this appliance only for its intended use described in this manual.
- 3 Do not use if it is damaged or malfunctions.
- 4 Do not leave the appliance unattended while plugged in.
- 5 Keep the power plug and cord away from heated surfaces.
- 6 Do not use the product with a damaged cord. A replacement can be obtained via our International Service Centres.
- 7 Store the product at a temperature between 15° and 35°C.
- 8 Only use the parts supplied with the appliance.
- 9 Do not twist or kink the cable and don't wrap it around the appliance.
- 10 The body of this appliance is not washable or water resistant. Do not put the appliance in liquid; do not use it near water in a bath tub, basin or other vessel; and don't use it outdoors.
- 11 Make sure the power cable and adaptor do not get wet. Do not reach for your unit if it has fallen into water - immediately unplug it from the electrical outlet.
- 12 Do not plug or unplug the appliance with wet hands.
- 13 This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been supervised/instructed and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children unless they are older than 8 and supervised.
- 14 Keep the appliance and cable out of reach of children under 8 years.
- 15 This appliance is not intended for commercial or salon use.
- 16 This appliance should be supplied with approved safety isolating adaptors SW-120060EU (for Europe and SW-120060BS (for United Kingdom) with the output capacity of 12 dc; 600mA (adaptor output).



i-LIGHT KEY FEATURES



KEY FEATURES

- 1 Power Switch
- 2 Power Inlet
- 3 Base Unit
- 4 Hand Piece
- 5 Flash Button
- 6 Energy Level Selection Button
- 7 Cool Down Mode Indicator
- 8 Bulb Status Indicator Display
- 9 Energy Level Indicator
- 10 Skin Tone Sensor
- 11 Hand Piece Cord
- 12 Flash Window
- 13 Skin Contact Sensors
- 14 Attachment Release Buttons
- 15 Bulb
- 16 Body Attachment
- 17 Power Cord
- 18 Lint Free Cloth

GETTING STARTED

Be patient when first using your i-LIGHT, as with any new product, it may take a little while to familiarise yourself with the product. Take the time to acquaint yourself with your i-LIGHT as we are confident you will receive years of enjoyable use and complete satisfaction.

👁 GETTING ACQUAINTED WITH i-LIGHT

★ What is i-LIGHT?

The i-LIGHT system is a revolutionary light-based device designed for the removal of unwanted body hair at home.

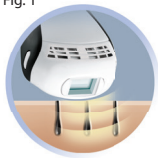
i-LIGHT utilises similar clinically-proven technology that professional dermatologists and salons use, optimised for personal treatment.

★ What is Intense Pulse Light (IPL) and how does i-LIGHT work?

IPL - (Intense Pulsed Light) is a well-established technology used worldwide for over 15 years. i-LIGHT uses this technology to flash your skin with an intense pulse of light.

The pulse works under the skin's surface to target hairs at the root, helping to stop their growth. (Fig 1)

Fig. 1



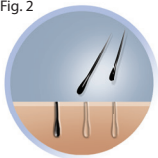
The energy in the pulse of light targets dark colouring, and best results are seen on darker hair.

To avoid targeting (and possibly damaging) dark skin, you should only use i-LIGHT on light to medium skin tones (I-IV).

★ What to expect from i-LIGHT

Results aren't immediate, and individual results vary. Most users will begin to notice fewer hairs within 1-2 weeks after beginning treatment. During this time it may look like the hair is still growing, but it is actually being 'pushed out' (Fig. 2).

Fig. 2



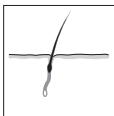
Hair grows in a cycle of 3 different phases which lasts 18-24 months (Fig. 3). Only hairs in the active growth phase are susceptible to treatment, which is why multiple treatments are required for optimal results.

Fig. 3

Active Growth



Anagen Phase



Catagen Phase



Telogen Phase

It's important to continue with the full treatment regime and top-up treatments to ensure that every active hair is treated.

✱ Treatment Regime

A full treatment regime is once every two weeks for three treatments.

Individual results may vary, so multiple treatments may be required for optimal results.

Some hair growth will occur that is less dense, finer and lighter in colour than the original hair. This regrowth is perfectly normal and should be expected.

After completing the initial treatment regime, top-up treatments will provide even better results.

Continuous regular weekly use will give good results within 6-12 weeks (darker skin tones may take longer).

✱ NOTE: You should avoid treating the same area multiple times in one session, as it will not improve efficacy but increases the risk of skin irritation



WARNINGS AND SAFETY PRECAUTIONS



IMPORTANT SAFETY CAUTIONS

Before you start using i-LIGHT:

Be sure to read all Warnings and Safety Information. Before you begin, check to see if i-LIGHT is suitable for you.

Use the skin and hair chart at the front of this manual and the integrated skin sensor to determine if this device is right for you.

Consult the hair chart at the front of this manual to ensure the device is right for you.

✱ Skin Type

- Do not use on naturally dark skin, as it may result in burns, blisters and changes in skin colour.
- Do not use on tanned skin or after recent sun exposure, as it may cause burns or skin injury.
- i-LIGHT is not effective on naturally white, grey, blonde or red body hair.

★ Areas not to treat:

- Do not use on the scalp or ears.
- Do not use on the face or neck.
- Do not use on nipples, areola or genitals.
- Do not use if you have tattoos or permanent makeup in the area to be treated.
- Do not use on dark brown or black spots such as moles, birth marks or freckles.
- Do not use on an area of recent surgery, deep peel, laser resurfacing, scars or skin that has been damaged with burns or scalds.

★ When not to use/When to avoid using i-LIGHT

- DO NOT use if you have tanned skin in the intended treatment area, as your skin may be too dark and treatment in tanned areas could temporarily cause skin swelling, blisters, or could change the colour of your skin. Wait until your tan has faded before treating.
- DO NOT use on skin with cosmetics applied, as treating in those areas could temporarily cause skin swelling, blisters or could change the colour of your skin. Make sure to thoroughly clean the intended treatment area prior to use.
- DO NOT flash the same treatment spot multiple times during the same session, as this could temporarily cause skin swelling, blisters, or could change the colour of your skin.
- DO NOT treat any area more than once per week, as this will not speed up results, but could increase likelihood of skin swelling, blistering or changing the colour of your skin.
- DO NOT use on damaged skin, including open wounds, cold sores, sunburns, or areas where you have had a skin peel or other skin resurfacing procedure within the last 6-8 weeks.
- DO NOT use on irritated skin, including rashes or swollen skin. These conditions can make the skin more sensitive. Wait for the affected area to heal before use.
- DO NOT use if your skin is sensitive to light. In order to determine if you can use i-LIGHT, perform a test on a small patch of skin and wait 24 hours to determine if there are any adverse reactions before treating more broadly.
- DO NOT use if you are or may be pregnant or are breast-feeding. i-LIGHT has not been tested on pregnant women. Hormonal changes are common during pregnancy or breast-feeding and could increase skin sensitivity and the risk of skin injury.
- DO NOT flash against any material other than skin.
- DO NOT use i-LIGHT for any purpose other than hair removal.
- DO NOT treat any area where you may someday want your hair to grow back. The results may be permanent and irreversible.
- If you've had professional or clinical or self-administered laser or IPL or electrolysis hair removal treatments, wait at least 6 months before using i-LIGHT. If you've waxed, plucked or epilated hair in the treatment area, wait at least 6 weeks before using i-LIGHT. The device uses the hair under your skin to disable your hair at the root, so it is not effective if the hair has been pulled out.
- DO NOT use directly over or near Active Implantable Medical Devices such as implantable pacemaker, internal defibrillator, or insulin devices. Although no problems associated with the use of this device have been reported during clinical studies, it is recommended to observe all active implantable medical device warnings regarding the use of electronic devices to prevent any failure or interruption of an active implantable device.

- Do not use over or near anything artificial such as silicon implants, Implanon contraceptive implants, pacemakers, subcutaneous injection ports (insulin dispenser) or piercings.
- Wireless communications equipment may affect the i-LIGHT device and should be kept at least 3.3 m away.

PREPARING FOR USE

✱ Familiarise yourself with the features of your new i-LIGHT device.

✱ **Flash Window with built-in UV skin protection**

- WARNING: always inspect the Flash Window before use to ensure there is no damage to the lens.
- WARNING: always clean the Flash Window before use with the lint-free cloth provided to ensure there is no oil or debris on the lens.



✱ **Skin Contact Sensors**

- This safety mechanism prevents accidental flashing. The device will not flash unless both Skin Contact Sensors are in full contact with the skin.



✱ **Flash Button**

- The Flash Button is located on the hand piece. This is used to activate a flash.



✱ Skin Tone Sensor

- Will only allow usage on suitable skin tones.

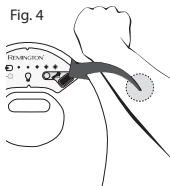


✱ CHECK YOUR SKIN TONE

- Consult the skin and hair chart at the front of this manual to ensure your skin is in the suitable range and your hair colour is susceptible to treatment with i-LIGHT.
- Place the skin of your intended treatment area onto the skin sensor – ensure the skin is touching the sensor. (Fig. 4)
- If your skin is suitable, you will hear a 'beep' and the i-LIGHT will switch on.
- If your skin is unsuitable, you will hear a 'buzz' and the i-LIGHT will remain switched off.

- ✱ NOTE: You must use the skin sensor on each body part you wish to treat.

Fig. 4



✱ PREPARE YOUR SKIN FOR TREATMENT

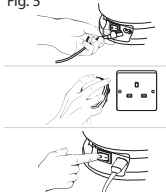
- Ensure the area to be treated is clean and free from oils, deodorants, perfume, make up, lotions and creams. Shave the hair from the area to be treated, and ensure the skin is clean and dry.
- Never use wax, epilation, tweezers or other methods that remove the hair from the root as IPL is not effective if the hair has been pulled out.

✱ PREPARE THE i-LIGHT FOR USE

- Unwrap the hand piece cord from the i-LIGHT base and rest the hand piece back on the base unit.
- Ensure the power switch on the base unit is OFF.
- Connect the power cord to the i-LIGHT base unit at the power inlet.

- Connect the power cord to the wall outlet. Turn the power switch ON. (fig. 5)

Fig. 5



✱ SELECTING THE ENERGY LEVEL

- The i-LIGHT is equipped with 5 energy levels. Level 1 is the lowest setting and level 5 is the highest setting.
- ✱ TIP: For the most effective results, always use the highest energy level that does not cause discomfort on the skin.
- To determine the energy level being used, observe the number of lights illuminated on the Energy Level Display (fig. 6).

Fig. 6



- Your i-LIGHT will automatically be set to Energy Level 1 each time the device is powered ON. To change the level, press the Energy Level Selection Button.

✱ TEST THE i-LIGHT ON YOUR SKIN

- ✱ Before your first full treatment, test the i-LIGHT on a small patch of skin and wait 24 hours to ensure there are no adverse reactions.
- Start at energy level 1.
- 1 Place the i-LIGHT hand piece against your skin so the Flash Window is flush with the skin surface.
- 2 Ensure the Skin Contact Sensors are fully engaged and the Bulb Status Indicator Display is illuminated green (Fig. 7).

Fig. 7



- 3 Press the Flash Button to deliver a flash.
 - Mild to moderate discomfort is normal. If a flash delivered at Energy Level 1 feels tolerable, increase to Energy Level 2. Move the device to a different spot and flash the i-LIGHT one more time. Repeat this process until you find the setting that feels right for you.
 - Wait 24 hours and then look at the test area. If the skin appears normal, proceed with your first full treatment at the energy level you determined is right for you.
- ✱ NOTE: You must test the device on each area of the body you wish to treat.

TREATMENT

- Multi-Flash Mode: The i-LIGHT device will flash when the Flash Button is pressed and will continue to flash every 3 seconds when the skin contact sensors are fully engaged. The Multi-Flash mode allows you to quickly treat large areas by simply gliding the hand piece over the skin after each flash.
- ✱ **How to treat:**
- Place the Flash Window firmly against the skin - ensure the Skin Contact Sensors are fully engaged.
- ✱ NOTE: When the Skin Contact Sensors are fully engaged you will hear a 'chirp' and the Bulb Status Indicator Display will illuminate green.
- 2 Press the flash button to deliver a flash. You should expect to see a bright flash of light (similar to a camera flash), and you should feel a mild sensation of warmth.
 - 3 Move to the next area and treat in a grid like pattern to ensure full coverage of the treatment area.
- For Single-Flash Mode, press the Flash Button each time you move to the next area.
 - For Multi-Flash Mode, keep your finger on the Flash Button to keep it depressed and glide to the next area being sure to keep the Skin Contact Sensors fully engaged. The next flash will be delivered automatically after 3 seconds.
- ✱ NOTE: During Multi-Flash Mode if you let go of the Flash Button or lose skin contact, simply resume treatment by repeating the above steps.

TREATMENT TIPS

- For best results, avoid overlapping flashes. This helps prevent exposure to more energy than is necessary to suppress hair growth. It also ensures that you get the maximum use of the Bulb.
- For the most effective results, always use the highest intensity level that does not cause discomfort on the skin. The level you use should feel warm on your skin, but should never cause discomfort.
- You may notice that bony areas, such as elbows, shins and ankles, are more sensitive during treatment.
- This is normal and should not be cause for alarm. To avoid this sensitivity, try stretching the skin away from the bony area during treatment.

POST-TREATMENT CARE

After treatment, you may experience slight redness or a warm sensation on your skin. This is normal and will disappear quickly. To avoid irritation to your skin after a treatment, take the following precautions:

- Avoid sun exposure for 24 hours after a treatment. Protect the skin with SPF 30 for 2 weeks after each treatment.
- Do not prolong sun exposure such as sunbathing, using a tanning bed, or self-tan for at least 2 weeks after the last treatment.
- After treatment, keep the area clean and dry and drink plenty of water to keep skin hydrated.
- Do not take hot baths, showers, or use steam rooms and saunas for 24 hours after treatment.
- Do not take part in contact sports for 24 hours after treatment.
- Do not depilate (waxing, plucking, threading or creams) during the treatment – shaving is acceptable as long as you avoid shaving 24 hours after each treatment.
- Do not use bleaching creams or perfumed products for 24 hours after treatment.

INFINITY BULB

- The infinity bulb means no replacement parts are needed.
- The bulb in this device is guaranteed to last for the entire guarantee period as communicated on the guarantee card supplied with this product.
- In the extremely unlikely event that your bulb becomes empty, please contact your local Remington Service centre who will provide you with a replacement.

- ★ Signs that the bulb needs replacing:
 - Bulb Status Indicator is illuminated yellow: 150 Flashes remain in the bulb
 - Bulb status indicator is flashing yellow: Bulb is empty.






CLEANING YOUR i-LIGHT DEVICE

- ◆ **CAUTION:** Before cleaning your i-LIGHT, make sure that the device is switched OFF and the power cord is disconnected from the device.
- Regular cleaning helps to ensure optimal results and a long life for the i-LIGHT device.
- To clean the Flash Window, use only the lint-free cloth included with your i-LIGHT device. Take care not to scratch or chip the Flash Window. Scratches and chips can reduce the effectiveness of the unit.
- For stubborn stains on the flash window, dampen a cotton swab with surgical spirit or rubbing alcohol, apply to the flash window and clean gently with the lint-free cloth provided.
Use a small hand-held vacuum to remove dust and debris from the hand piece vents.
- ◆ **WARNING:** If the Flash Window is cracked or broken, the unit must not be used. Never scratch the filter glass or the metallic surface inside the Treatment Head.
- ◆ **CAUTION:** The i-LIGHT is a high voltage device. Never immerse in water. Never clean the unit or any of its parts under a tap or in a dishwasher.
- ✱ **Storage**
- Switch off the unit, unplug and allow to cool for 10 minutes before storage.
- Store the unit in a dry place at a temperature between 15° C and 35° C

TROUBLESHOOTING

- Always read these instructions fully before using i-LIGHT
- Refer to this troubleshooting guide if you experience any problems with i-LIGHT, as this section addresses the most common problems you could encounter with i-LIGHT. If you have followed the instructions in this section and continue to experience problems, please contact the Remington® Service Centre for further assistance.
- ✱ The power switch is ON, but the unit is not working.
- Make sure the unit is plugged into a working electrical outlet.
- Try switching to a different outlet.
- ✱ The unit appears to have cracks or is broken.
- Do not use if the unit is damaged. If you have concerns about using the unit, discontinue use and contact the Remington® Service Centre for further assistance.
- ✱ I have switched the unit ON, but I cannot increase or decrease the energy level.
- Try resetting the unit by turning it off and waiting several seconds before turning it back on.
- ✱ The Bulb Status Indicator Light turns green but the unit does not flash when the button is pressed.
- Make sure the Skin Contact Sensor is in full contact with the skin.
- Try resetting the unit by turning it off and waiting several seconds before turning it back on.
- ✱ There is a strange smell.

- Be sure the area is completely shaved before treatment.
- ✱ The treated areas become red after treatment.
- This is normal and the redness should subside. If not, try using a lower energy level.
- ✱ **BE AWARE:** If the unit is used over an extended period of time, the unit might automatically disable momentarily (estimated 40 seconds) to cool down. Once the unit has cooled down, it will be ready to use again.

LED's	All currently selected energy level indicators flashing 	Unit is overheated and is disabled momentarily to cool down.
	All energy level indicators flashing 	Unit is malfunctioning. Turn the unit off, wait a few moments and try again. If problem persists, the unit should be returned for repair.
	All LED's flashing with warning beep 	Treatment head is removed or loose.

SOUNDS	Not full contact.	Flash button was pressed while the skin contact sensor was not fully engaged.
	Replace bulb.	Bulb is missing or needs to be replaced.
	Skin contact sensors stuck.	Flash button was pressed after the skin contact sensor had been engaged since unit start up. Skin contact sensor may be stuck.

➔ FREQUENTLY ASKED QUESTIONS

- For a full list of FAQs, please visit (www.remington-ilight.com)
- Q. What areas of my body can I treat with i-LIGHT?
 - A. i-LIGHT is designed for unisex use on areas below the neck, including the legs, underarms, bikini line, arms, chest and back.
- Q. What are the risks involved with i-LIGHT. Is it safe?
 - A. i-LIGHT is clinically proven to be safe & effective, but like any electronic device it is important that you read and follow the operating instructions and safety warnings.
- Q. Is IPL dangerous for the skin after long term use?
 - A. There have not been any reported side effects or skin damage from long term use of intense pulse light (IPL)
- Q. Why is my hair growing despite treatments?
 - A. Results aren't immediate, and individual results vary. Most users will begin to notice fewer hairs within 1-2 weeks after beginning treatment. During this time it may look like the hair is still growing, but it is actually being 'pushed out'. Hair grows in a cycle of 3 different phases which lasts 18-24 months. Only hairs in the active growth phase are susceptible to treatment, which is why multiple treatments are required for optimal result. Another reason for continued growth could be that the area was missed during a treatment. Repeat the treatment regime when you notice regrowth.
- Q. Why can't I use i-LIGHT after recent sun exposure?
 - A. Sun exposure causes high levels of melanin to be present and exposes the skin to higher risk of burns or blisters following treatment.

Q. Do I need eye protection while using i-LIGHT?

A. No, it is not harmful to the eyes. i-LIGHT features a safety system which prevents unintentional flashing when the device is not in contact with the skin. The small amount of light emitted during treatment is similar to that of a camera flash and is not harmful to the eyes.



ENVIRONMENTAL PROTECTION

To avoid environmental and health problems due to hazardous substances in electrical and electronic goods, appliances marked with this symbol must not be disposed of with unsorted municipal waste, but recovered, reused or recycled.



➔ SERVICE AND GUARANTEE

Defects affecting product functionality appearing within the guarantee period will be corrected by replacement or repair at our option provided the product is used and maintained in accordance with the instructions.

Defects from repair by an unauthorized dealer are not covered.

Consumables are excluded.

Your statutory rights are not affected.

If you call the Service Centre, please have the Model No. to hand, as we won't be able to help you without it. The Model No. can be found on the rating plate of the appliance.

Replacement parts and accessories are available to buy at

www.remington.co.uk/parts-accessories

➡ SERVICE CENTRE

United Kingdom

☎ Tel 0800 212 438 (free call mainland UK)

☎ +44 161 947 3111 (call outside the UK)

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Remington Consumer Products,

Unit B12, Ballymount Corporate Park,

Ballymount, Dublin 12.

www.remington.co.uk

Model No. IPL6250

14/UK/ IPL6250 T22-0002737 Version 08 / 14

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