# 3FSG01\_IB\_FA\_090719 Part No. T22-9001456

# **GEORGE FOREMAN®**



# SMOKELESS GRILL GFSG01

Instructions & Warranty

www.georgeforeman.com.au www.georgeforeman.co.nz

# IMPORTANT SAFEGUARDS

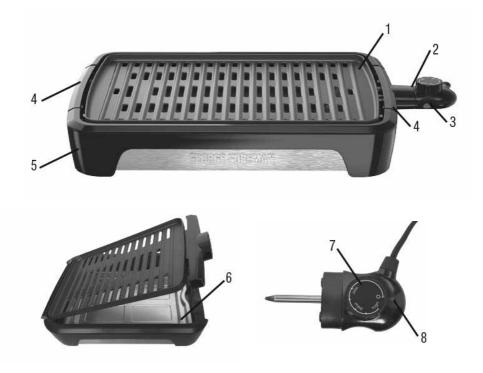
When using electrical appliances, basic safety precautions should always be followed.

- 1. To protect against electrical hazards do not immerse the power cord, plug or grill in water or any other liquid.
- 2. Do not use in the bathroom or near any source of water. Do not use outdoors.
- 3. Always use the appliances handles as some parts will be hot. The temperature of accessible surfaces/parts may become very hot when the appliance is operating and will remain hot for some time after the appliance has been switched off..
- 4. Do not touch the hot cooking surfaces.
- 5. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- 6. Always turn off and unplug from the power outlet before cleaning the appliance.
- To disconnect, turn off the wall power outlet, then grasp the plug and remove from wall power socket. Never pull by the cord.
- 8. Do not operate this appliance with a damaged cord or plug or after the appliance has malfunctioned, or been dropped or damaged in any manner. Contact Customer service for replacement, examination, repair or adjustment.
- 9. There are no user serviceable parts. If the power cord or appliance is damaged, it must be replaced or repaired by the manufacturer or similarly qualified person in order to avoid a hazard.
- **10**. Do not use on an inclined plane or unstable surface.
- 11. Do not move the appliance when in use.
- 12. Do not cover the appliance when in use.
- 13. Always take care when removing food after cooking as it is hot.
- 14. Food may burn. Always monitor when using this appliance.
- 15. Do not use the appliance near or below any curtains or other combustible materials.
- 16. Keep the appliance and the power cord away from the edge of tables or countertops and out of reach of children and persons with disabilities.
- 17. Do not cook food wrapped in plastic film or polythene bags. It will cause a fire hazard.
- 18. Always clean the appliance after use.
- **19**. Follow the instructions when cleaning this appliance.
- 20. Do not place on or near any heat sources.
- 21. Do not leave the appliance unattended when in use.
- 22. Do not use appliance for other than its intended purpose.
- 23. This appliance is not a toy. Children should be supervised to ensure they do not play with the appliance.
- **24**. This appliance is not intended to be operated by means of an external timer or separate remote control system.
- 25. For added safety, electrical appliances should be connected to a power outlet that is protected by a residual current device (RCD), also often referred to as a 'Safety Switch'. Your switchboard may already incorporate an RCD. If unsure, call an electrician for verification and fitting if necessary.
- **26.** This appliance is intended to be used in household and similar applications such as:
  - staff kitchen areas in shops, offices and other working environments;
  - by clients in hotels, motels and other residential type environments;
  - bed and breakfast environments;
  - farm houses.

# SAVE THESE INSTRUCTIONS THIS APPLIANCE IS FOR HOUSEHOLD USE ONLY

Congratulations on the purchase of your George Foreman Grill. Each unit is manufactured to ensure safety and reliability. Before using the appliance for the first time, please read the instruction book carefully and keep it for future reference. Pass it on if you pass on the appliance.

When using electrical appliances, basic safety precautions should always be followed.



- 1. Nonstick grill plate
- **2.** Probe receptacle (not shown)
- **3.** Temperature control probe
- 4. Handle

- 5. Base
- 6. Drip tray
- **7.** Heat setting dial
- 8. Signal light

# **BEFORE USING YOUR GRILL**

- · Remove all packing material and any stickers.
- · Remove and save literature.
- Wash all removable parts as instructed in "Care and Cleaning" section of this manual.
- · Wipe cooking surface with a damp cloth or sponge to remove any dust.
- Wipe dry with a soft cloth or paper towel.
- Select location where unit is to be used, leaving enough space between back
  of unit and wall to allow heat to flow without damage to cabinets and walls.

# **USING YOUR GRILL**

- Before using this appliance for the first time, clean grill as outlined in "Care and Cleaning".
- Place the drip tray on the inner side of the base. (A)
- Fit the grill plate onto the base. It only fits with the curved end of the grill plate over the curved indentation of the base. (B)
- Insert temperature control probe into probe receptacle (C) and plug the cord into a power outlet.
- Turn the heat setting to the desired setting. See 'Cooking Guide' for suggestions. The signal light will come on to indicate the unit is heating.
- · When the signal light goes out, the unit is ready.
- Signal light will cycle on and off during cooking as the unit operates to maintain the desired temperature.
- Allow grill to preheat, the higher the heat setting, the longer the preheat time.
- · Carefully place items to be cooked on the grill.
- Allow food to cook, turning halfway through cooking time, if needed.

CAUTION: Do not leave appliance unattended during use!

- When finished cooking, turn the heat setting dial to '0'.
   Disconnect plug from power outlet.
- To avoid damaging the nonstick surface, do not use aerosol nonstick spray, sharp utensils or cut food on the cooking surface of the unit. Use silicone, heat resistant rubber or wooden utensils.
- Let appliance cool completely. When cool, the drip tray may be removed and emptied.

CAUTION: Be sure liquid has cooled before removing drip tray.

# **COOKING HINTS AND TIPS**

- · Use tender cuts of meat.
- Marinate tougher cuts of meat to tenderise them before cooking.
- To avoid drying out meat and fish, do not pierce with a utensil.
- · Better cooking results will be achieved with boneless cuts of meat, chicken and fish.







- Cut edge of meat in several places to prevent curling.
- When cooking fish or chicken breast fillets, tuck extremely thin parts under to prevent overcooking.
- If cooking more than one item, try to select foods of even thickness to promote uniform cooking.
- When cooking small portions, make sure meat is centred on grill. When cooking larger portions, distribute evenly and allow 25mm of space between foods to promote uniform cooking.
- Adjust heat setting gradually and only as necessary. Cooking foods at too high a temperature can cause them to dry out.
- If food is undercooked when removed from grill, simply return to grill for additional cooking time.

# **CARE AND CLEANING**

WARNING: To avoid electric shock, unplug from outlet when not in use and before cleaning. DO NOT IMMERSE TEMPERATURE CONTROL PROBE, CORD OR PLUG IN WATER OR OTHER LIQUID.

CAUTION: To avoid accidental burns, allow grill to cool thoroughly before cleaning.

- Before cleaning, turn the heat control dial to 0' and unplug from the wall outlet.
   Remove temperature control probe from the grill plate, wipe with a damp cloth and dry thoroughly.
- Remove the grill plate by lifting from the side of the probe receptacle.
- Remove the drip tray by grasping each side of the tray and lifting out from the grill base. Dispose of the the grease or liquid appropriately.
- Wash both grill plate and drip tray with warm soapy water and soft sponge or in a dishwasher.

CAUTION: Temperature control probe and probe receptacle must always be completely dry before use.

• Stubborn Build-up: If necessary, use a non-metallic scrubbing pad to clean the grill. Do not use steel wool, scouring pads or abrasive cleaners on any part of the appliance.

# **STORAGE**

Unplug unit, allow to cool and clean before storing. Store in a clean, dry place. Never store grill while it is hot or still plugged in. Never wrap cord tightly around the appliance as this could cause the cord to fray and break.

Legislation in some localities mandates that e-waste (anything with a plug, battery or cord) is disposed of through controlled recycling facilities and must not be disposed of in general household waste. For more information about recycling of electrical and battery operated appliances, please contact your local council or your local household waste disposal service.

# **Quick Cooking Guide**

The following times are meant to be used as guidelines only. Times will vary due to the cut or thickness of the meat being cooked. To be sure that the food is truly done, use a cooking thermometer.

Food	Setting	Time	Directions
Bratwursts (brats)	High	25-30 minutes	This is the cook time for raw brats. If you rst boil the brats in water (or beer) for 12 minutes, you can reduce the grill time to 5-10 minutes.
Hamburgers (110g)	High	6-12 minutes	Time varies due to thickness of the hamburger and your preferred level of doneness.
Steaks (340g)	High	8-15 minutes	Time varies due to the thickness of the steak and your preferred level of doneness.
Salmon (170g)	High	13-20 minutes	Time varies due to the thickness of the salmon.
Pork Chops (225g): Thick cut ribeye	High	10-25 minutes	Time varies due to the thickness of the pork chop.
Chicken breast (170g)	High	15-25 minutes	Time varies due to the thickness of the chicken breast.
Vegetables (zucchini, yellow squash, red onions, and bell peppers)	Medium or High	6-12 minutes	Time varies due to thickness of the vegetable slices.
Warming hamburger or hotdog buns	Low or Medium	4-6 minutes	Open and atten buns. Turn to warm both sides halfway through the time.

## Spectrum Brands Australia Pty Ltd

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### **Customer Service in Australia**

TollFree: 1800 623 118

Email: info@spectrumbrands.com.au Website: www.spectrumbrands.com.au

### Spectrum Brands New Zealand Ltd

PO Box 9817 Newmarket Auckland 1149 New Zealand

# **Customer Service in New Zealand**

TollFree: 0800 736 776

Email: service@spectrumbrands.co.nz Website: www.spectrumbrands.co.nz

# Spectrum Brands Australia Pty Ltd and Spectrum Brands New Zealand Ltd Warranty Against Defects

In this warranty:

**Australian Consumer Law** means the Australian consumer law set out in Schedule 2 to the Competition and Consumer Act 2010;

CGA means the New Zealand Consumer Guarantees Act 1993;

Goods means the product or equipment which was accompanied by this warranty and purchased in Australia or New Zealand, as the case may be;

### Manufacturer. We or us means:

- for Goods purchased in Australia, Spectrum Brands Australia Pty Ltd ABN, 78 007 070 573;
   or
- 2. for Goods purchased in New Zealand, Spectrum Brands New Zealand Ltd, as the case may be, contact details as set out at the end of this warranty;

Supplier means the authorised distributor or retailer of the Goods that sold you the Goods in Australia or in New Zealand; and

You means you, the original end-user purchaser of the Goods.

- Our goods come with guarantees that cannot be excluded under the Australian Consumer Law, or the CGA. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.
- 2. The benefits provided by this Warranty are in addition to all other rights and remedies in respect of the Goods which the consumer has under either the Australian Consumer Law or the CGA. The original purchaser of the Goods is provided with the following Warranty subject to the Warranty Conditions:
- 3. We warrant the Goods for all parts defective in workmanship or materials for a (**Warranty Period**) period of 1 year from the date of purchase.

If the Goods prove defective within the Warranty Period by reason of improper workmanship or material, we may, at our own discretion, repair or replace the Goods without charge.

### **Warranty Conditions**

- 4. The Goods must be used in accordance with the manufacturer's instructions. This Warranty does not apply should the defect in or failure of the Goods be attributable to misuse, abuse, accident or non-observance of manufacturer's instructions on the part of the user. As far as the law permits, the manufacturer does not accept liability for any direct or consequential loss, damage or other expense caused by or arising out of any failure to use the Goods in accordance with the manufacturer's instructions.
- 5. Exhaustible components (such as batteries, filters and brushes) of the Goods are included under this Warranty only where there is a defect in workmanship or materials used.
- 6. The warranty granted under clause 3 is limited to repair or replacement only.
- 7. Any parts of the Goods replaced during repairs or any product replaced remain the property of the manufacturer. In the event of the Goods being replaced during the Warranty Period, the warranty on the replacement Goods will expire on the same date as for the Warranty Period on the original Goods which are replaced.
- 8. In order to claim under the warranty granted under clause 3 you must:
  - (a) Retain this warranty with your receipt/proof of purchase; and
  - (b) Return the Goods to us at the relevant address or to the Supplier by prepaid freight within the Warranty Period accompanied with (i) the legible and unmodified original proof of purchase, which clearly indicates the name and address of the Supplier, the date and place of purchase, the product name or other product serial number and (ii) this warranty.
- 9. This warranty is immediately void if:
  - (a) Any serial number or appliance plate is removed or defaced;
  - (b) The Goods have been serviced or otherwise repaired by a person not authorised to do so by us or where non approved replaced parts are used.
- 10. The Goods are designed for domestic use only. The Goods must be connected to the electrical voltage requirements as specified in the ratings label located on the Goods.
- 11. This warranty does not cover the cost of claiming under the warranty or transport of the Goods to and from the Supplier or us.
- 12. This warranty is only valid and enforceable in Australia against Spectrum Brands Australia Pty Ltd and in New Zealand against Spectrum Brands New Zealand Ltd.

Contact us or the Supplier for further details.

# Register your product online

If you live in Australia please visit: www.spectrumbrands.com.au/warranty
If you live in New Zealand Please visit: www.spectrumbrands.co.nz/warranty
Registration of your warranty is not compulsory, it gives us a record of your purchase
AND entitles you to receive these benefits: Product information; Hints and tips; Recipes
and news; Information on special price offers and promotions.

Any questions? Please contact Customer Service for advice.