REMINGTON®



i-LIGHT*PRO

INTENSE PULSED LIGHT (IPL) HAIR REMOVAL FOR THE FACE & BODY







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REMINGTON

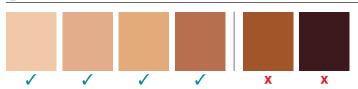
Thank you for buying your new Remington® product.

Please read these instructions carefully and keep them safe. Remove all packaging before use.

IMPORTANT SAFEGUARDS

- WARNING TO REDUCE THE RISK OF BURNS, ELECTROCUTION, FIRE, OR INJURY TO PERSONS:
- 2 Use this appliance only for its intended use described in this manual.
- 3 Do not use if it is damaged or malfunctions.
- 4 Do not leave the appliance unattended while plugged in.
- Keep the power plug and cord away from heated surfaces.
- Do not use the product with a damaged cord. A replacement can be obtained via our International Service Centres. Store the product at a temperature between 15° and 35°C.
- 8 Only use the parts supplied with the appliance.
- 9 Do not twist or kink the cable and don't wrap it around the appliance.
- 10 The body of this appliance is not washable or water resistant. Do not put the appliance in liquid; do not use it near water in a bath tub, basin or other vessel; and don't use it outdoors.
- 11 Make sure the power cable and adaptor do not get wet. Do not reach for your unit if it has fallen into water - immediately unplug it from the electrical outlet.
- 12 Do not plug or unplug the appliance with wet hands.
- 13 This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been supervised/ instructed and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children unless they are older than 8 and supervised.
- 14 Keep the appliance and cable out of reach of children under 8 years.
- 15 This appliance is not intended for commercial or salon use.
- 16 This appliance should be supplied with approved safety isolating adaptors SW-120060EU (for Europe and SW-120060BS (for United Kingdom) with the output capacity of 12 dc; 600mA (adaptor output).

THE SKIN CHART





SKEY FFATURES

- Power Switch 2 Power Inlet
- 3 i-Light Base Unit
- i-Light Hand Piece
- 5 Flash Button
- 6 Energy Level Selection Button 7 Cool Down Mode Indicator
- 8 Bulb Status Indicator Display 9 Energy Level Indicator 10 Skin Sensor
- 11 i-Light Hand Piece Cord 12 Flash Window
- 13 Skin Contact Sensors 14 Nose Cone Release Buttons
- 15 Long-life cartridge 16 Body Treatment Head
- 17 Power Cord 18 Lint Free Cloth
- 19 Facial Treatment Head
- 20 Skin Contact Sensors

WARNINGS AND SAFETY PRECAUTIONS

Individual results may vary, multiple treatments may be required for optimal results.

♠ IMPORTANT SAFETY CAUTIONS

★ What to expect from i-Light

Before you start using the i-Light:

Be sure to read all Warnings and Safety Information. Before you begin, check to see if i-Light is suitable for you. Use the skin chart provided on the box and at the front of this manual and the integrated skin sensor to determine if this device is right for you.

It's important to continue with the full treatment regime to ensure that every active hair is treated. A full

After completing the initial treatment regime, continuous regular weekly use will give good results within

★ Skin Type

See the skin colour chart on page 2.

- Do not use on naturally dark skin (Fitzpatrick type V and VI), as it may result in burns, blisters and changes in skin colour.
- Do not use on tanned skin or after recent sun exposure, as it may cause burns or skin injury.
- i-Light is not effective on naturally white, grey, blonde or red body or facial hair.

Areas not to treat:

- Do not use on the scalp or ears.
- Do not use on male face or neck.
- Do not use above the cheekbone (female facial use).

treatment regime is every 2 weeks for three treatments.

6-12 weeks (darker skin tones may take longer).

- Do not use on the lips as the skin tone may be too dark for treatment.
- Do not use on nipples, areola or genitals.
- Do not use if you have tattoos or permanent makeup in the area to be treated.
- Do not use on dark brown or black spots such as moles, birth marks or freckles.
- · Do not use on an area of recent surgery, deep peel, laser resurfacing, scars or skin that has been damaged with burns or scalds.

★ When not to use/When to avoid using i-Light Do not use if you are pregnant or breast feeding.

- Do not use if you have been exposed to sun or artificial tanning in the past 4 weeks.
 - Do not use on dry or fragile skin caused by the use of chemical peels, glycolic peels or Alpha Hydroxy Acids (AHAs).
 - Do not flash more than once on the same area as this may cause burns. Do not use on the same area of your skin more than once a week.
- Do not use for at least 14 days following microdermabrasion treatment.
- Do not use if you are already undertaking permanent hair removal treatments.
- Do not use if you have a skin disease such as active skin cancer, if you have a history of skin cancer or any other localized cancer in the areas to be treated, or if you have pre-cancerous lesions or multiple atypical moles in the areas to be treated.

GETTING ACQUAINTED WITH i-LIGHT

★ What is i-Light?

The i-Light PRO system is a revolutionary light-based device designed for the removal of unwanted body hair and female facial hair at home.

★ What is Intense Pulse Light (IPL) and how does the i-Light work?

i-Light works by directing an extremely short, intense pulse of light into the skin. The light energy is absorbed by the melanin in the hair follicle temporarily disabling the growth mechanism in the hair and delaving hair growth.

Hair follicles typically pass through three phases throughout the hair growth cycle. These phases are:

Anagen Phase (growing phase) – the active growth phase of the hair follicles. Melanin concentration is at its highest as it is responsible for pigmentation of the hair. Only hairs in the anagen phase are susceptible to treatment with IPL (fig 2).

Catagen Phase (degradation phase) – this is a short transition stage, which follows the anagen phase and signals the end of the active growth stage of the hair. It typically lasts 2-3 weeks (fig. 3).

Telogen Phase (resting phase) - the hair follicle is completely at rest during this phase, which is the longest phase and lasts about 100 days. During this time, the new hairs push out the old hairs, allowing the growth cycle to begin again (fig. 4).

Fig. 2



Anagen Phase

Fig. 3



Catagen Phase

Fig. 4



Telogen Phase

- · Do not use if you have epilepsy with flashlight sensitivity.
- Do not use if you have a history of collagen disorder, including a history of keloid scar formation or a history of poor wound healing.
- Do not use if you have a history of vascular disorder, such as the presence of varicose veins or vascular
 ectasia in the areas to be treated.
- Do not use if your skin is sensitive to light and causes a rash or an allergic reaction. If you are taking
 photosensitising agents or medications, check the package insert of the medicine. Never use the unit if it can
 cause photo-allergic reactions or phototoxic reactions or if you should avoid sun whilst taking a medication.
- Do not use if you have diabetes, lupus erythematodes, porphyria or congestive heart disease.
- Do not use on areas of your skin which are currently being treated with or have recently been treated with Alpha Hydroxy Acids (AHAs), Beta Hydroxy Acids (BHAs), topical isotretinoin and azelaic acid.
- Do not use if you have taken oral isotretinoin accutane or aoaccutane in the last six months. This
 treatment can make skin more susceptible to tears, wounds and irritations.
- Do not use if you have any bleeding disorder or take anticoagulation medications, including heavy use
 of aspirin, in a manner which does not allow for a minimum 1-week washout period prior to each treatment.
- Do not use if you have infections, eczema, burns, inflamed follicles, open lacerations, abrasions, surgeries, herpes simplex, wounds or lesions and haematomas in the areas to be treated.
- Do not use on the face if you have a history of cold sores; use of IPL or any treatment that irritates skin
 can cuase a recurrence of cold sores.
- Do not use if you have a history of immunosuppressive disease (including HIV infection or AIDS) or if you take immunosuppressive medications.
- · Do not use when you are on painkillers, which reduce the sensitivity to heat.
- Do not use if you use long-lasting deodorants. This can result in skin reactions.
- Do not use over or near anything artificial such as silicon implants, Implanon contraceptive implants, pacemakers, subcutaneous injection ports (insulin dispenser) or piercings.

PREPARING FOR USE

* Familiarise yourself with the features of your new i-Light device

The i-Light PRO system is a revolutionary light-based device designed for the removal of unwanted body hair and female facial hair at home.

★ Flash Window (fig. 1-12)

The Flash Window is a filtered glass window with built-in UV protection that allows specific wavelengths of light to pass from the hand piece to your skin and hair follicles.

WARNING: always inspect the Flash Window before use to ensure there is no damage to the lens.

WARNING: always clean the Flash Window before use with the lint-free cloth provided to ensure there is no ill or debris on the lens.

★ Skin Contact Sensor (fig. 1- 13&20)

The Skin Contact Sensor is a safety mechanism that prevents the device from accidental activation. In order for the device to activate, the Skin Contact Sensor must be fully depressed against the skin.

★ Flash Button (fig. 1-5)

The Flash Button is located on the hand piece. To activate the flash bulb, ensure the Skin Contact Sensor is fully engaged and press the Flash Button.

★ Bulb Status Indicator Display (fig. 1-8)

The device is ready to flash when the Bulb Status Indicator Display is illuminated green.

NOTE: if the Flash Button is pressed AND the Skin Contact Sensor is not fully engaged OR the Bulb Status Indicator Display is not illuminated, an audible "beep" will sound. When the Bulb Status Indicator Display illuminates yellow, there are 150 flashes remaining in the flash bulb. When the Bulb Status Indicator Display flashes yellow, the bulb cartridge has been used up and will no longer operate. You must replace the bulb cartridge to continue using the device.

★ Treatment Head Release Buttons (fig. 1-14)

Press both buttons and gently pull to remove the treatment head.

• WARNING: ALWAYS ensure the unit is OFF and the power cord is disconnected before removing the nose cone. If the nose cone is removed while the unit is powered ON, all indicator lights on the base unit will flash and audible "beeps" will sound.

GETTING ACQUAINTED WITH i-LIGHT

★ Long-Life Light Cartridge (fig. 1-15)

The long-life light cartridge will deliver 65,000 flashes regardless of the energy level selected. While it is unlikely you will ever need to replace it; it can be replaced by another long-life cartridge SP-6000FQ. Please contact your local Remington* service centre.

★ Energy Level Selection (fig. 1-6)

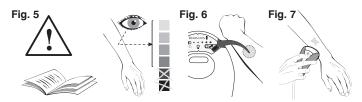
The i-Light device is equipped with 5 energy levels. Level 1 is the lowest setting and level 5 is the highest setting.

TIP: For the most effective results, always use the highest energy level that does not cause discomfort on the skin. To determine the energy level being used, observe the number of lights illuminated on the Energy Level Display (fig 1 - 9).

Your i-Light device will automatically be set to Energy Level 1 each time the device is powered ON. To change the level, press the Energy Level Selection Button.

★ Test the i-Light device on your skin

- 1. Review the Warnings and Safety Precautions.
- 2. Familiarise yourself with the features of the i-Light.
- 3. Consult the Skin Tone Chart to ensure your skin colour is in the acceptable range (fig. 5).
- Place the skin of the intended treatment area onto the skin tone sensor touching the skin tone sensor (fig. 6).
 If your skin is suitable, the appliance will beep and switch on.
 - If your skin is unsuitable, the appliance will buzz and remain off.
- 5. Test the i-Light device on a small patch of skin and wait 48 hours to ensure there are no adverse reactions. (fig.7).



★ Treat desired area(s) with the i-Light device

Prepare your skin for treatment

- 1. Ensure the area to be treated is clean and free from oils, deodorants, perfume, make up, lotions and creams. Shave or trim the hair from the area to be treated (fig 8).
- Never use wax, epilation, tweezers or depilation products to remove the hair because they counteract the IPL process.

Prepare the device for treatment

- Ünwrap the hand piece cord from the i-Light base and rest the hand piece in the base cradle. Locate
 the power switch on the i-Light base and ensure the unit is OFF. Connect the power cord to the i-Light
 base at the power inlet. Connect the power cord to the wall outlet. Turn the power switch ON. (fig. 9)
 Use the skin sensor to unlock the unit (fig. 6).
- You must unlock the unit on each body part you wish to treat.
- Select the desired Energy Level. (fig. 1ó).
 If your skin is unsuitable, the appliance will buzz and remain off.



★ Treat body area(s) with the i-Light device

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The i-Light device is equipped with two operating modes: Single Flash Mode and Multi-Flash Mode. Your i-Light device will automatically be set to Single Flash Mode each time the device is powered ON.

Single Flash Mode: The i-Light device will flash once when the Flash Button is pressed AND skin contact sensor is engaged.

Multi-Flash Mode: The i-Light device will flash once every 2 seconds when the Flash Button is pressed AND the skin contact sensor is fully engaged.

The Multi-Flash mode allows you to quickly treat large areas such as the legs, chest or back by simply gliding the hand piece to a new location after each flash.

★ Single Flash Mode

- Place the i-Light hand piece against your skin so the Flash Window is flush with the skin surface (fig. 11).

 Ensure the Skin Contact Sensor is fully engaged and the Bulb Status Indicator Display is illuminated.
- 3. Press the Flash Button to activate the device (fig. 12).
- 4. Move the hand piece to a new treatment area and repeat steps 1-3 (fig. 13).

A Multi Flash Mode

- 1. Place the i-Light hand piece against your skin so the Flash Window is flush with the skin surface (fig. 11).
- 2. Ensure the Skin Contact Sensor is fully engaged and the Bulb Status Indicator Display is illuminated
- 3. Press AND HOLD the Flash Button down to activate the device (fig. 12).
- Immediately after the device has flashed, slide the hand piece to a new location. After a short delay (approximately 2 seconds) the device will flash again (fig. 13).
- During Multi-Flash Mode, the Skin Contact Sensor AND the Flash Button must remain fully depressed. If either becomes disengaged, the device will not operate. To resume treatment, repeat steps 1-4.
- During Multi-Flash Mode, the Bulb Status Indicator Display will remain illuminated while the Skin Contact Sensor and Flash Button are engaged.



® FACIAL TREATMENT ATTACHMENT

★ Treat facial area(s) with the i-Light device (female use only)

Facial hair can be very different to body hair and the skin on the face tends to be sensitive and more likely to be exposed to the sun's UV rays; therefore treating unwanted facial hair is different to treating the body – please be sure to read this section carefully before beginning a facial treatment.

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MPORTANT: The Facial Treatment Head has been specially designed to treat the unique characteristics of female facial hair. Do NOT use the body attachment on the face. See section 'Changing Treatment Heads' for instructions on how to exchange heads.

* Where you can use the facial treatment head.

The Facial Treatment Head is intended for use on female facial hair on the cheeks, sideburns, chin, neck areas and above the lips as shown in fig. 14.

Fig. 14



DO NOT use on male beards or facial hair as the results may be permanent or uneven which may produce changes in facial characteristics which may not be desirable.

WARNINGS AND PRECAUTIONS - FACIAL USE

DO NOT use anywhere near the EYES, EYE BROWS or EYE LASHES. When used as directed the light should not harm the eyes, however if the scattered light is unpleasant you may wish to close your eyes or look away.

♠ DO NOT treat SUN BURNED or TANNED SKIN. Wait until the sunburn or tan has completely faded before beginning a treatment. Remove cosmetics, lotions and creams (including self-tanning products) prior to treatment. After treatment, use a fragrance-free lotion (SPF 30+) and try to avoid direct sun exposure to the treated area for at least 24 hours.

♦ DO NOT flash the LIPS or other DARK SPOTS (dark freckles, moles, birthmarks or tattoos) as these areas may absorb too much light energy which may cause discomfort or pain. You can cover these areas with WHITE eyeliner, adhesive labels or thick paper to reflect the light in case of accidental flashing.

- **DO NOT** treat inside the NOSTRILS or EARS as these areas are delicate.
- DO NOT use over or near metal fillings, dental implants or braces.

• CAUTION: Avoid treating areas that contain only vellus hairs (very thin, fine hair known as "peach fuzz") as this may result in undesired hair re-growth. Remove any visible hair by shaving or trimming. Do not use wax, epilation, tweezers or depilation products to remove hair before or during the course of treatment because they counteract the IPL process. If trimming, ensure you trim hair to no more than 0.5mm.

★ Changing Treatment Heads

Your i-Light Pro comes with two separate Treatment Heads for Body Hair and Female Facial Hair. The Body Hair Treatment Head is specially designed for Body Hair and can flash every 2 seconds. The Facial Hair Treatment Head is specially tuned for Female Facial Hair, minimises light leakage, and can flash every 4 seconds. The Facial Hair Treatment Head is marked with the icon shown in fig. 15.

Fig. 15



To change treatment heads, please follow the instructions provided.

- Turn the POWER SWITCH off and unplug the POWER CORD from the electrical outlet.
 Allow the system to cool down for 5 minutes before attempting to change treatment heads.
- Hold the Tréatment Head with one hand while pressing both Rélease Buttons with the other hand and pull gently. Store the unused Treatment Head in a safe location (such as in the packaging) taking care not to damage the FLASH WINDOW and other components.
- Gently push the other Treatment Head back into the Hand Piece making sure both side tabs click into place. NOTE: the longer tab (with gold circuits) must be on top to properly fit.

* Helpful tips for treating facial hair

Test on a Patch of Skin – since facial skin tends to be more sensitive, make sure you test on a small patch before proceeding. See section 'Test the i-Light device on your skin' for details (fig. 7).

Use a Mirror to Guide your Treatments – using a mirror for a good view of the area to be treated and to help ensure you avoid treating the lips or any other dark spots. If the reflected light is unpleasant, you may want to close your eyes before each flash.

Stretch Skin for Better Skin Contact – the contours of the skin may make it difficult for the skin contact sensors to be fully depressed in certain areas. You may find it easier to try and wrap your upper lip over your teeth or use your tongue to stretch your cheeks for better skin contact.

® TREATMENT TIPS

- For best results, avoid overlapping flashes. This helps prevent exposure to more energy than is
 necessary to suppress hair growth. It also ensures that you get the maximum use of the light cartridge.
- For the most effective results, always use the highest intensity level that does not cause discomfort on the skin. The level you use should feel warm on your skin, but should never cause discomfort.
- You may notice that bony areas, such as elbows, shins, and ankles, are more sensitive during treatment.
 This is normal and should not be cause for alarm. To avoid this sensitivity, try stretching the skin away from the bony area during treatment.

POST-TREATMENT CARE

After treatment, you may experience slight redness or a warm sensation on your skin. This is normal and will disappear quickly. To avoid irritation to your skin after a treatment, take the following precautions:

- Avoid sun exposure for 24 hours after a treatment. Protect the skin with SPF 30 for 2 weeks after each treatment.
- Do not prolong sun exposure such as sunbathing, using a tanning bed, or self-tan for at least 2 weeks after the last treatment.
- After treatment, keep the area clean and dry and drink plenty of water to keep skin hydrated.
- Do not handle the treated area roughly.
- Do not take hot baths, showers, or use steam rooms and saunas for 24 hours after treatment.
- Do not swim for 24 hours after treatment.
- Do not take part in contact sports for 24 hours after treatment.
- Do not wear tight-fitting clothing over the treated area.
- Do not depilate (waxing, plucking, threading or creams) during the treatment shaving is acceptable as long as you avoid shaving 24 hours after each treatment.
- Do not use bleaching creams or perfumed products for 24 hours after treatment.
- Do not scratch or pick at the treated area.

CLEANING YOUR i-LIGHT DEVICE

- **CAUTION:** Before cleaning your i-Light, make sure that the power switch is OFF and the power cord is disconnected from the base unit.
- Regular cleaning helps to ensure optimal results and a long life for the i-Light device. The exterior surface of the base unit and hand piece may be wiped clean with a slightly damp cloth.
- To clean the Flash Window, use only the lint-free cloth included with your i-Light device. Take care not to scratch or chip the Flash Window. Scratches and chips can reduce the effectiveness of the unit.
- · For stubborn stains, use a dampened cotton swab to apply a small amount of water to the Flash Window and clean with the lint-free cloth provided.
- · Use a small hand-held vacuum to remove dust and debris from the hand piece vents.
- WARNING: If the Flash Window is cracked or broken, the unit must not be used. Never scratch the filter glass or the metallic surface inside the Treatment Head.
- **CAUTION:** The i-Light is a high voltage device. Never immerse in water. Never clean the unit or any of its parts under a tap or in a dishwasher. Do not use petroleum-based or flammable cleaning agents because of the risk of fire. Never use scouring pads, abrasive cleaning agents or aggressive liquids such as oil or acetone to clean the unit.

⇒ TROUBLESHOOTING / STORAGE / MAINTENANCE

i-Light Device Maintenance

• CAUTION: Before performing maintenance on your i-Light device, ensure that the power switch is OFF and the power cord is disconnected from the base unit.

* Replacing the Bulb

- 1. Press the treatment head release buttons and gently pull to remove the treatment head.
- 2. Gently pull out the old bulb cartridge.
- 3. Replace with a new bulb cartridge.
- CAUTION: When replacing the bulb cartridge, do not touch the flash bulbs directly as this leaves oils and residue. Doing so could reduce the effectiveness of the bulbs or cause them to crack during treatment. 4. Replace the treatment head, making sure it snaps into place.
- ★ Storage
- Switch off the unit, unplug it and let it cool down for 10 minutes before storage.
- Store the unit in a dry place at a temperature between 15° C and 35° C.

★ Troubleshooting

Always read these instructions fully before using i-Light. Refer to this troubleshooting guide if you experience any problems with i-Light, as this section addresses the most common problems you could encounter with i-Light. If you have followed the instructions in this section and continue to experience problems, please contact the Remington® Service Centre for further assistance.

The power switch is ON, but the unit is not working.

- Make sure the unit is plugged into a working electrical outlet.
- · Try switching to a different outlet.

The unit appears to have cracks or is broken.

Do not use if the unit is damaged. If you have concerns about using the unit, discontinue use and contact the Remington® Service Centre for further assistance.

★ Frequently Asked Ouestions

I have switched the unit ON, but I cannot increase or decrease the energy level.

Try resetting the unit by turning it off and waiting several seconds before turning it back on.

The Bulb Status Indicator Light turns green but the unit does not flash when the button is pressed.

- Make sure the Skin Contact Sensor is in full contact with the skin.
- · Try resetting the unit by turning it off and waiting several seconds before turning it back on.

There is a strange smell.

Be sure the area is completely shaved before treatment.

The treated areas become red after treatment.

This is normal and the redness should subside. If not, try using a lower energy level.

I have not seen optimal results or hair has begun to grow back.

 Hair may begin to grow back after your initial treatment. This is perfectly normal. For optimal results. repeat the treatment when you notice hair regrowth.

Note: Do not treat the same area more than once a week.

BE AWARE: If the unit is used over an extended period of time, the unit might

automatically disable momentarily (estimated 40 seconds) to cool down. Once the unit has cooled down, it will be ready to use again.

Intensity/Flash Mode LED	Indication
All currently selected LEDs flashing	Unit is overheated and is disabled momentarily to cool down.
Intensity LEDs flashing in sequence	Unit is malfunctioning. Turn the unit off, wait a few moments and try again. If problem persists, the unit should be returned for repair.
All LEDs flashing with warning beep	Treatment head is removed or loose.
Audible Tones	Indication
Not Full Contact	Flash button was pressed while the skin contact sensor was not fully engaged.
Replace Light Cartridge	Light cartridge is missing or needs to be replaced.
Contact Sensors Stuck	Flash button was pressed after the contact sensor had been engaged since unit start up. Contact sensor may be stuck.

★ Frequently Asked Questions (www.remington-ilight.com)

Q. What is i-Light? What is Intense Pulse Light (IPL)?

A. IPL works by directing an extremely short, intense pulse of filtered light into the skin. The light is absorbed by the coloured pigments in and surrounding the hair and disables the hair follicle temporarily, preventing hair regrowth.

Q. Who can use i-Light?

A. Both men and women can use i-Light to remove unwanted hair anywhere below the neck, and females can use to treat facial hair below the cheekbone. i-Light has been designed for individuals with light to medium skin tones and dark hair. Safe skin tones include white, ivory, tan, beige and light brown only. Safe natural hair colours include black, dark brown and medium brown.

Q. What areas of my body can I treat with i-Light?

A. i-Light is designed for unisex use on areas below the neck, including the legs, underarms, bikini line, arms, chest and back. Females can also use on facial hair below the cheekbone.

Q. What can I expect from i-Light?

A. i-Light provides safe and effective salon-grade hair removal using IPL technology.

Q. What are the risks involved with i-Light? Is it safe?

A. i-Light is safe to use, but like any electronic device it is important that you read and follow the operating instructions.

Q. How often should I use i-Light?

A. You should use i-Light whenever you start to see hair regrowth.

DO NOT treat the same area more than once a week.

Q. How long do treatments take?

A. Time varies based on the size of the area being treated, but one full leg should take no more than 15 minutes.

Q. When will I begin to see results?

A. Results are not immediate. Hair may sometimes appear to be growing back after treatment but many of these hairs will begin to fall out after two weeks. Hair grows in a cycle of 3 different phases which lasts 18-24 months. Only hairs in the anagen phase are susceptible to treatment, which is why multiple treatments are required for optimal results. The results are generally noticeable within a few weeks of the first treatment. Continuous regular weekly (or every 2 weeks for three treatments) use will give good results within 6 to 12 weeks (darker skin may take longer).

Q. Why is my hair growing despite treatments?

A. Hair continues to grow for up to 2 weeks after treatment, at which time you will notice the hair beginning to fall out. Another reason for continued growth could be that the area was missed during a treatment. Continue to treat the area whenever you notice regrowth.

Q. Why can't I use i-Light after recent sun exposure?

 A. Sun exposure causes high levels of melanin to be present and exposes the skin to higher risk of burns or blisters following treatment.

Q. What are the warnings against using i-Light?

A. Certain conditions may limit your ability to use the unit. Please read the Warnings and Safety Precautions section in the User Manual in its entirety before using i-Light.

Q. How often do I need to replace the bulb?

A. The long-life light cartridge will deliver 65,000 flashes regardless of the energy level selected. While it is unlikely you will ever need to replace it, it can be replaced by another long-life cartridge (SP-6000FQ). Please contact your local Remington* Service Centre.

Q. Can I use i-Light on my face?

A. i-Light is suitable for female facial use only below the cheekbone when used with the facial treatment head.

Q. How do I care for treated areas following treatment?

A. Avoid unprotected sun exposure to the treated areas.

Q. Should I suspend normal activity after using i-Light?

A. There is no need to suspend normal activity following treatment assuming no abnormal complications occur. It is recommended that you perform the treatment prior to going to bed so that any resulting redness fades by morning.

Q. Is i-Light dangerous for the skin after long term use?

A. There have not been any reported side effects or skin damage from long term use of intense pulse light.

Q. How often should I treat with i-Light?

A. An interval of 2 weeks for the initial treatment, is proven to be the most effective in hair reduction. You should avoid treating the same area multiple times in one session, as it will not improve efficacy but increases the risk of skin irritation.

Q. Can I use i-Light if I have blonde, red, grey or white hairs?

A. i-Light works best on darker hair types because they contain more melanin, the pigment that gives hair and skin its colour. Melanin is what absorbs the light energy used during i-Light treatment. Black and dark brown hairs respond the best. Brown and light brown hairs will also respond, but typically require more treatments. Red hairs may show some response. White, grey or blonde hairs usually don't respond to i-Light treatments, although some users have noted results after multiple treatments. Q. Can I use i-Light if I have naturally dark skin?

A. No i-Light is designed to react with the dark pigment of the hair. As a result, dark brown and black skin may absorb too much of the device's energy (heat), which may cause skin damage. Do not use i-Light on naturally dark skin, as it contains too much melanin. Treating dark skin with i-Light can result in burns, blisters and skin colour changes (hyper- or hypo-pigmentation).
Review the skin colour chart on page 3 to determine if i-Light is right for you.

Q. Do I need eye protection while using i-Light?

A. No, it is not harmful to the eyes, unless it is directed to the face (Body treatment head only), i-Light features a safety system which prevents unintentional flashing when the device is not in contact with the skin. The small amount of light emitted during treatment is similar to that of a camera flash and is not harmful to the eyes. The specially tuned facial treatment head minimises light leakage. If the reflected light is unpleasant, you may want to close your eyes before each flash.

Q. Can I use i-Light if I am pregnant or nursing?

A. No. i-Light has not been tested on pregnant women, therefore we do not recommend using i-Light if you are pregnant or breast feeding. Hormonal changes could increase sensitivity and the risk of injury to the skin

★ The Fitzpatrick Skin-Type Chart

Applicable Skin Tones, Skin tone chart - Fitzpatrick skin types I - IV

You can use this skin-type chart for self-assessment, by adding up the score for each of the questions you've answered. At the end there is a scale providing a range for each of the six skin-type categories. Following the scale is an explanation of each of the skin types. You can quickly and easily determine which skin type you are.

Genetic Disposition:					
Score	0	1	2	3	4
What is the colour of your eyes?	Light blue, Grey, Green	Blue, Grey or Green	Blue	Dark Brown	Brownish Black
What is the natural colour of your hair?	Sandy Red	Blond	Chestnut Dark Blond	Dark Brown	Black
What is the colour of your skin (non exposed areas)?	Reddish	Vary Pale	Pale with Beige tint	Light Brown	Dark Brown
Do you have freckles on unexposed areas?	Many	Several	Few	Incidental	None
Total score for genetic disposition:					

Reaction To Sun Exposure:					
Score	0	1	2	3	4
What happens when you stay in the sun too long?	Painful redness, blistering, peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rare burns	Never had burns
To what degree do you turn brown?	Hardly or not at all	Light colour, tan	Reasonable tan	Tan very easily	Turn dark brown quickly
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem

Total score for Reaction to Sun Exposure:----

Tanning Habits:					
Score	0	1	2	3	4
When did you last expose your body to sun (or artificial sunlamp/ tanning cream)?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than a month ago	Less than 2 weeks ago
Did you expose the area to be treated to the sun?	Never	Hardly ever	Sometimes	Often	Always

Total score for Tanning Habits:----

Add up the total scores for each of the three sections for your Skin Type Score.

Skin Type Score - Fitzpatrick Skin Type		
0-7	I	
8-16	II	
17-25	III	
25-30	IV	
Over30	V-VI Do Not Use i-Light	

TYPE I: Highly sensitive, always burns, never tans. Example: Red hair with freckles.

TYPE II: Very sun sensitive, burns easily, tans minimally. Example: Fair skinned, fair haired Caucasians.

 ${\sf TYPE~III:} \ Sun~sensitive~skin, sometimes~burns, slowly~tans~to~light~brown.~Example: Darker~Caucasians.$

TYPE IV: Minimally sun sensitive, burns minimally, always tans to moderate brown.

Example: Mediterranian type Caucasians, some Hispanics.

TYPE V: Sun insensitive skin, rarely burns, tans well. Example: Some Hispanics, some Blacks.

TYPE VI: Sun insensitive, never burns, deeply pigmented. Example: Darker Blacks.

& E

ENVIRONMENTAL PROTECTION

To avoid environmental and health problems due to hazardous substances in electrical and electronic goods, appliances marked with this symbol must not be disposed of with unsorted municipal waste, but recovered, reused or recycled.



⇒ SERVICE AND GUARANTEE

Defects affecting product functionality appearing within the guarantee period will be corrected by replacement or repair at our option provided the product is used and maintained in accordance with the instructions.

Defects from repair by an unauthorised dealer are not covered.

Consumables are excluded.

Your statutory rights are not affected.

If you call the Service Centre, please have the Model No. to hand, as we won't be able to help you without it. The Model No. can be found on the rating plate of the appliance.

⇒ SERVICE CENTRE

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Model No. IPL6000F

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